

**We are honored to have Red Bear Who Sees All Worlds, here to present
a transformative interactive workshop
August 4, 2012.**

Our gathering will provide an opportunity to receive teaching and healing energies from Red Bear. Experience guided Shamanic Journeys, individual and collective healing, drumming and whatever Spirit is guiding for the day!

This workshop is a co-creative gathering, as all present will enter into sacred space for healing together.

“Whenever we create sacred space together it provides an opportunity to receive balance and healing on all levels: emotional, body, mind, and spirit.” ~ Red Bear Who Sees All Worlds



Rev. Dr. Gary Langston (Red Bear Who Sees All Worlds) was blessed with a heart attack at the young age of 43. The face to face conversation that he experienced with Great Spirit during the heart attack changed his life forever. His death experience provided the opportunity for him to step into a life deeply committed to service, teaching, healing and most importantly love. Whether on a stage speaking to 20,000 people or picking up trash in a deserted parking lot, his heart is filled with joy as he lives in integrity with divine purpose. He skillfully guides others in embracing their gifts and finding the sacred within their own hearts.

His work is guided by his Northern Cherokee tribal lineage, natural intuitive abilities and mentoring by a tribal Grandmother. He has apprenticed extensively with don Oscar Miro-Quesada, Peruvian Maestro Curandero. Additionally he has apprenticed in the ancestral wisdom of numerous Native traditions.

Gary is a master teacher, gifted ceremonialist, public speaker, shamanic counselor, and ordained minister. He holds a Doctorate of Divinity in Metaphysics and Spirituality. Called upon by his own tribe as medicine man, Gary humbly serves with respect, honor and love.

During our gathering, Red Bear will be utilizing his Pachakuti Mesa (PM) which is a collection of shamanic infused natural artifacts and items. The items are set up and held in sacred space in an organized and symmetrical balance. Observing the utilization of the PM is like watching a painter create a masterpiece. It is a thoughtful reflection of the universal embodiment of balance and beauty.

When: Saturday August 4, 2012

Hours: Doors open at noon, 1:00 to ~9:00 p.m. Merchandise will be for sale before event, and during breaks only. There will be breaks, including a break for a light evening meal.

*****Bring:** your drums and/or rattles. Floors and wooden benches are quite firm so please bring cushions and/or smaller folding lawn/camp chair, blanket, yoga mat, or sleeping bag. Please bring eye cover for the Journeying.

Where: Walnut Woods Lodge, 8951 SW 52nd Avenue, West Des Moines, Iowa

Directions: From Iowa Hwy 5, take exit 102, turn left on Browns Woods Drive, turn right when you see Walnut Woods sign, then turn right into Walnut Woods State Park. Driving through the park, the lodge is on the left side.

From Interstate 35, take exit 68 (IA HWY 5), exit 102 and follow signs to Walnut Woods State Park to the lodge.

This gathering is sponsored by Connie Patton. Thank you to additional sponsor and assistance of Mary Krantz, Jaime "Buffalo Pipe" Brass and Sherry Red Hawk.

Cost: \$175.00 in advance, \$185.00 at the door. Registration deadline is July 27, 2012.

Cost includes snacks and evening meal provided by In the Bag. Water will be provided to drink.

To register for August 4th gathering: Please provide the information below and send a check or money order for \$175.00 payable to: Connie Patton, 2400 86th St, Suite 14, Urbandale, IA 50322

Name: _____

Address: _____

City/State/Zip: _____

Day Phone: _____ **Evening Phone:** _____

Email: _____

For more information contact Connie Patton 515-975-7236 or email

willow@Lynnsinspirationshealing.com <http://www.Lynnsinspirationshealing.com>

See list of some nearby Hotels available for those traveling:

Hotels close by: (prices approximate)

Baymont Inn and Suites

6221 Southwest 64th Avenue, Des Moines, IA (515) 285-0654 ~\$89.00 1.6 miles

Valley West Inn

3535 Westown Parkway, West Des Moines, IA (515) 225-2524 ~\$69.00 4.2 miles

Comfort Inn

5231 Fleur Dr, Des Moines, IA (515) 287-3434 ~\$80.00 4.3 miles

Drury Inn and Suites

5505 Mills Civic Parkway, West Des Moines, IA (515) 457-9500 ~\$120.00 3.2 miles

Days Inn and Suites Des Moines Airport

1901 Hackley Ave, Des Moines (515) 256-0603 3.7 miles